

FAMILY SUPPORT SERVICES AT PACE

Phone & Email Support Service

For people with issues relating to family and/or relationships, and being lesbian gay bisexual or trans. Call or email for support with any problems you may be experiencing. All calls and correspondence will be treated as strictly confidential, and will be dealt with by an experienced psychotherapist.

Call: 0207 700 1323. **E-mail:** pacehelpline@pace.dircon.co.uk

Help line times are: Monday 9.30am-12.30pm and Thursday 3.30pm-6.30pm.

A call back service is in operation outside of these times.

Couple's Counselling & Family Therapy

Help is available to couples free of charge in the form of six weekly sessions of couple's therapy. Family therapy is also available free of charge, and times are flexible. Please call to make an appointment

To find out more or book a group place please call Howard Delmonte or Jo Beecham on 020 7700 1323

LGBT Parenting Support Group

Parenting can be very challenging. LGBT parents can have added stresses and tensions that may contribute to feelings of isolation and vulnerability. This group is also open to those considering parenting.

This 12-week support group is an opportunity to share and explore your experiences with other parents.

The group is free and is led by an experienced facilitator.

Dates: Mondays from October 2007

Time: 7pm – 9pm

To join the group email jbeecham@pace.dircon.co.uk

or call Jo Beecham 0207 700 1323.

If you have any more questions about our services please contact Howard Delmonte, the Family Services Coordinator or Jo Beecham, Family Support Liaison at the above telephone number or email address. We would also be happy to give a brief presentation at one of your staff meetings.